







Bundesministerium für Bildung und Forschung

Deutscher Akademischer Austauschdienst German Academic Exchange Service





The Climate Trek

Our Research Example is an existing project initiated by German travel agents in cooperation with a CO² mitigation non-profit organization and multiple partners in Nepal. The concept has already found solutions for the following aims of sustainably:



Sustainable Lodges

Rebuilt Infrastructure in Helambu

Cultural Awareness

Diverse **Activities**

During the trek the guests only stay in family-owned guest houses and lodges. With donations, CO² compensation contributions and knowledge in terms of sustainable water and energy supply, wastewater management and waste prevention the lodges and guesthouses were rebuilt as sustainable orientated accommodations.

1 6 7 8 11 13

Helambu was one of the most severely affected regions by the earthquake in April 2015. Besides promoting and reintroducing tourism in this area, the project also funds other necessary technical and medical aids like the installation of solar panels to ensure continued power supply at schools and rebuilt hospitals.

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Because of the close cooperation between the German and Nepalese partners, this project has proofed to be extremely successful. Due to the cooperation all participants developed close friendships between each other and built a deep understanding of each other's cultural needs, desires and characteristics.

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There are multiple day trekkings through the mountain region included in the program. The paths have been rebuilt and along their way all inhabitants benefit from the tourists as they provide a main source of income to them. Even Nepalese from other regions can now discover this area as a domestic holiday destination.



Our Additional Ideas

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No Plastik Trekking

Encourage woman to work in tourism

Preserve & Archive Nepal Singularities

> In order to preserve Nepal's national rich culture and history a detailed and academically accompanied documentation of all records, tales and never written down cultural characteristics of all tribes should be implemented. Rotating exhibitions and cooperations with similar organizations can lead to a worldwide awareness, knowledge and understanding.

Build International Relationships

still a field dominated by men, but especially female tourists want to get a glimpse of the daily life of women living in other parts of the world. This industry has plenty of possibilities for women e.g. offering traditional craft courses or cooking lessons, opening a women only hotel or being a guide in museums.

In many countries tourism is

Plastic waste prevention is one of the simplest methods for a sustainable lifestyle that can be implemented by every individual. Tourists carry a tiffin, aluminum drinking bottles, solar powered torches and buy their souvenirs from locals who use natural materials. Food and other supplies will be bought from locals. Fresh water sources will be installed along the trek for tourists and locals equally suited.

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By establishing a cooperation between German and Nepalese universities, students of each country can research together and promote development of the Climate Trek.



Future Festivar stes of Sustainability for A

















Sustainable Tourism...

How can we support sustainable Tourism locally? Here are some of our ideas. Small Actions go a long way for a lot of the aims of Sustainability by the UN:



- 1. Offer city tours by foot
- 2. Use public transportation with guests
- 3. Eat at family-owned restaurants
- 4. Support local businesses (souvenir shops)
- 5. Work with local guides
- 6. Choose sustainable accommodations
- 7. Allow time for unplanned encounters

- 1. Use muscle powered boats
- 2. Make sure no rubbish is thrown in the sea
- 3. Avoid direct contact with marine wildlife
- 4. Educate about fishery methods
- 5. Protect corals, fish and whales from ocean acidification
- 6. Allow only small groups with licensed guides

Tell us your idea:

Leave no Trace

Support Village Cooperatives Take nothing but memories, Leave nothing but footprints, Kill nothing but time.

Sustainaible Accomodations



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...by the Sea $\frac{3}{2}$



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How about your Ideas? We would love to hear about them ...



Sustainable Tourism in the Mountains

Leave no Trace behind
Support Village Cooperatives
Book sustainable accomodations
Be respectful towards
cultural differences

"Take nothing but memories, Leave nothing but footprints, Kill nothing but time."

Aims of Sustainability by the UN:



Our Travel to the Future

Advocates of Sustainability for Nepal Research Journey 2018 | 2075

The Climate Trek

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Elements



Sustainable Lodges

While Trekking guests stay in familyowned guest houses and lodges. With donations, CO² compensation contributions and knowledge in terms of sustainable water and energy supply, wastewater management and waste prevention the accomodations were rebuilt sustainably.





Cultural Awareness

Thanks to the cooperation between the German and Nepalese partners, this project has proofed to be very successful. Due to the cooperation all participants developed friendships and built a deep understanding of each other's cultural needs, desires and characteristics.





Rebuilt Infrastructure in Helambu

Helambu was one of the most severely affected regions by the earthquake in 2015. Besides reintroducing tourism in the area, the project also funds necessary technical and medical aids like installing solar panels to ensure continued power supply at schools and hospitals.





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Our Additional Ideas



Plastik Trekking

Plastic waste prevention is a simple method for a sustainable lifestyle that can be implemented by every individual. Tourists e.g. carry aluminum drinking bottles, solar powered torches and buy souvenirs from locals who use natural materials. Food and other supplies are bought from locals. Fresh water taps will be installed along the trek for tourists and locals equally suited.





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In order to preserve Nepal's national culture and history a detailed documentation of all records, tales and never written down cultural characteristics should be implemented. Exhibitions and cooperations with similar organizations can lead to a worldwide awareness and understanding.





Encourage woman to work in tourism

In many countries tourism is still a field dominated by men, but especially female tourists want to get a glimpse of the daily life of women living in other parts of the world. This industry has plenty of possibilities for women e.g. offering traditional craft courses or cooking lessons, opening a women only hotel or being a guide in museums.





Build International Relationships

By establishing a cooperation between German and Nepalese universities, students of each country can research together and promote development of the Climate Trek. Digital Media such as a University Website can be used as a platform to communicate internationally.



















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